Adult Kayak Race 2026

RULES AND EVENT GUIDELINES

1. All adults are available to race. Adults between 16 to 18 years old must be accompanied by a parent or guardian. They must wear their own certified life vest and be able to swim.

2. Competitors should have some experience paddling a sit-on-top kayak. This is not a day for learning this skill.

3. Kayaks and paddles will be provided.

4. Competitors will be divided into groups by age on race day.

5. Each competitor may have one person in the water at the start/finish line to assist with the start of the race.

6. Racers will compete in heats. Each race will be timed to determine a champion. (If time permits, we will pair the winners from heats for extra races).

7. The race will start near the beach, out of the cove and around a buoy, and then back to the start/finish line. It is about 200 feet in length.

8. All racers must be checked in by 1:30 on race day. Competitors will be called to the beach 5 minutes before their heat. Races are scheduled to begin at 2:00pm.

9. Conduct - It is the competitor's responsibility to act in a sportsman like fashion, avoid collisions at all times and obey the rules and safety guidelines. Overly aggressive contact and/or un-sportsmen like conduct will not be tolerated and will result in disqualification at the sole discretion of event organizers. Examples include but are not limited to:

    i. Purposely obstructing or interfering with another competitor
    ii. Causing damage or bodily harm to another competitor
    iii. Use of profane language toward any persons or competitor

10. Good luck and have fun!